

Kessler Institute for Rehabilitation – West Orange

**1199 Pleasant Valley Way**

**West Orange, NJ 07052**

TEL 973.731.3600

**Garden State Parkway – Heading North:**

1. Take Parkway North to Exit 145 and follow signs for 280 West-The Oranges.
2. Take Rte 280 to Exit 7.
3. As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
4. Pass through two traffic lights.
5. Kessler Institute for Rehabilitation is located ¼ mile on the right.

**Garden State Parkway – Heading South:**

1. Take Parkway South to Exit 145 and follow signs for 280 West-The Oranges.
2. Take Rte 280 to Exit 7.
3. As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
4. Pass through two traffic lights.
5. Kessler Institute for Rehabilitation is located ¼ mile on the right.

**Lincoln Tunnel – Heading South:**

1. Take Lincoln Tunnel and follow signs for the New Jersey Turnpike South.
2. Follow the Turnpike to Exit 15 West.
3. After the toll, follow signs for Route 280 West.
4. Remain on Route 280 West to Exit 7.
5. As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
6. Pass through two traffic lights.
7. Kessler Institute for Rehabilitation is located ¼ mile on the right.

**George Washington Bridge – Heading South:**

1. Take Route 80 West and follow signs for the Garden State Parkway – South.
2. Remain on the Garden State Parkway – South until Exit 145 and follow signs for Route 280 West – The Oranges.
3. Remain on Route 280 West until Exit 7.
4. As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
5. Pass through two traffic lights.
6. Kessler Institute for Rehabilitation is located ¼ mile on the right.

**Route 80 – Heading East:**

1. Take Route 80 East following signs for Route 280 East – The Oranges.
2. Remain on Route 280 East until Exit 7.
3. As you get off the exit ramp, bear left and make a left at the light onto Pleasant Valley Way.
4. Pass through the next traffic light.
5. Kessler Institute for Rehabilitation is located ¼ mile on the right.